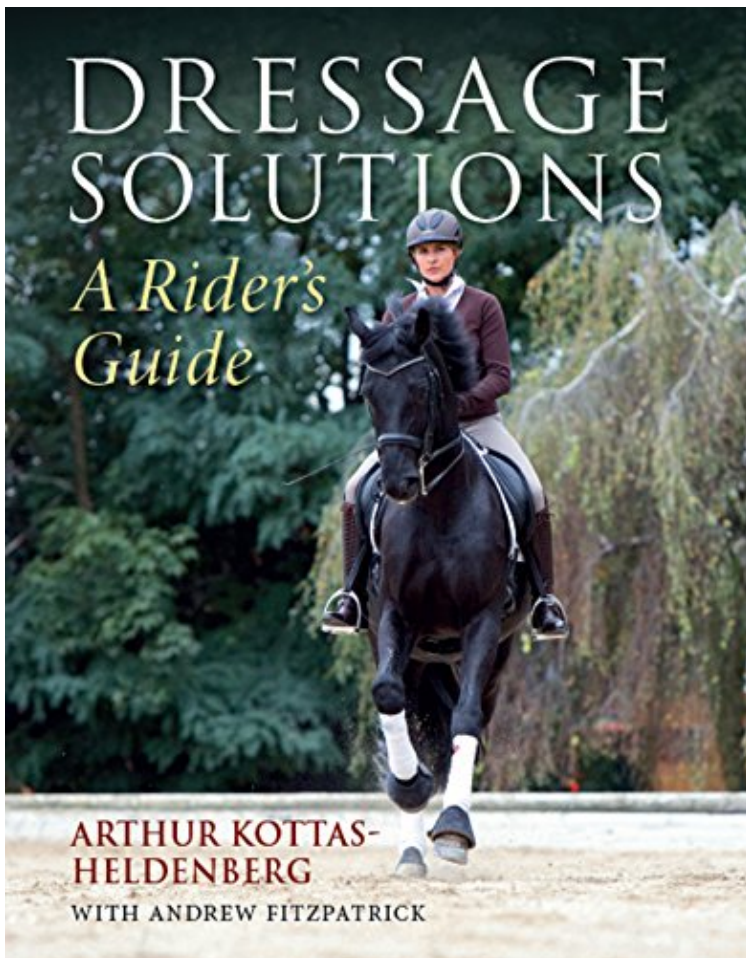


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Dressage Solutions: A Rider's Guide



Par Arthur Kottas-Heldenberg
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Description :

Prsentation de l'diteurDressage Solutions offers advice on the correct way to introduce work on the gaits, exercises and movements, together with in-depth analysis of common problems and the ways to correct them. The author makes the point that many errors are rooted in faulty posture or aiding on the rider's part. Constant emphasis is placed on the need to be mindful of the horse's mental and physical ability to cope with what is being asked for him. Dressage Solutions takes the reader through many stages of training, from ensuring that the basic gaits are correct, through introducing the lateral exercises, developing the canter, rein-back, piaffe and passage, to a final chapter that explains some of the long-established movements of the High School. This is a journey that will provide much food for thought, and a great deal of invaluable advice, for all riders who have progress and their horse's well-being at heart.Revue de presseThis book is quite amazing! It is full of superb photographs and illustrations and is so obviously a product of a lifetime of experience and expertise, written and presented in such an easy-to-read way...Even if you don't compete in dressage competitions, there are many pages in this book which are relevant to just riding, showing or flatwork for jumping. --Equestrian LifeThis book will be inspirational to all classicists and those aspiring to

the art...The book is set out in a very clear, concise way. As the title suggests it deals with problems often encountered at most stages of training, in most cases giving a blueprint of how things should be; how they can go wrong; followed by solutions. --Tracking UpSimple, clear, and unfussy, Dressage Solutions is the reference i'll be turning to for advice in tackling all those little (or not-so-little) training quandaries. --US Dressage Federation ConnectionPrsentation de l'diteurDressage Solutions offers advice on the correct way to introduce work on the gaits, exercises and movements, together with in-depth analysis of common problems and the ways to correct them. The author makes the point that many errors are rooted in faulty posture or aiding on the rider's part. Constant emphasis is placed on the need to be mindful of the horse's mental and physical ability to cope with what is being asked for him. Dressage Solutions takes the reader through many stages of training, from ensuring that the basic gaits are correct, through introducing the lateral exercises, developing the canter, rein-back, piaffe and passage, to a final chapter that explains some of the long-established movements of the High School. This is a journey that will provide much food for thought, and a great deal of invaluable advice, for all riders who have progress and their horse's well-being at heart.